**Reading Regular Words – Activities 1 - 7**

**Below is a list of high frequency words. High frequency words are words that are very common in English. They include social sight words (words you may regularly see on signs, notices etc.)**

|  |  |
| --- | --- |
|  | **Activity 1**  The list has been split into 7 tables over the next few pages.  Use this checklist to check your reading skills at least three times. |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| the |  |  |  | for |  |  |  |
| of |  |  |  | they |  |  |  |
| and |  |  |  | I |  |  |  |
| a |  |  |  | with |  |  |  |
| to |  |  |  | as |  |  |  |
| in |  |  |  | not |  |  |  |
| he |  |  |  | on |  |  |  |
| have |  |  |  | this |  |  |  |
| it |  |  |  | we |  |  |  |
| that |  |  |  | you |  |  |  |

**Activity 2**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| dog |  |  |  | nut |  |  |  |
| hat |  |  |  | wet |  |  |  |
| pin |  |  |  | mat |  |  |  |
| nip |  |  |  | but |  |  |  |
| zip |  |  |  | box |  |  |  |
| man |  |  |  | far |  |  |  |
| vet |  |  |  | pan |  |  |  |
| jet |  |  |  | tap |  |  |  |
| lip |  |  |  | sun |  |  |  |
| run |  |  |  | boy |  |  |  |

**Activity 3**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times*.*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| duck |  |  |  | moon |  |  |  |
| chip |  |  |  | soon |  |  |  |
| fish |  |  |  | rain |  |  |  |
| thin |  |  |  | play |  |  |  |
| ship |  |  |  | stay |  |  |  |
| then |  |  |  | fork |  |  |  |
| this |  |  |  | work |  |  |  |
| ring |  |  |  | near |  |  |  |
| sing |  |  |  | fast |  |  |  |
| sink |  |  |  | last |  |  |  |

**Activity 4**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times*.*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| letter |  |  |  | cheese |  |  |  |
| better |  |  |  | sneeze |  |  |  |
| supper |  |  |  | dinner |  |  |  |
| coffee |  |  |  | queen |  |  |  |
| fizz |  |  |  | hammer |  |  |  |
| dress |  |  |  | stammer |  |  |  |
| cherry |  |  |  | feet |  |  |  |
| rabbit |  |  |  | teeth |  |  |  |
| ladder |  |  |  | upper |  |  |  |
| bigger |  |  |  | hotter |  |  |  |

**Activity 5**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| fetch |  |  |  | large |  |  |  |
| catch |  |  |  | barge |  |  |  |
| hatch |  |  |  | bridge |  |  |  |
| photo |  |  |  | have |  |  |  |
| phone |  |  |  | save |  |  |  |
| city |  |  |  | leave |  |  |  |
| cinema |  |  |  | knee |  |  |  |
| write |  |  |  | knew |  |  |  |
| wrong |  |  |  | wheel |  |  |  |
| where |  |  |  | yes |  |  |  |

**Activity 6**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times*.*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| yellow |  |  |  | Clue |  |  |  |
| beach |  |  |  | true |  |  |  |
| teach |  |  |  | blue |  |  |  |
| key |  |  |  | flew |  |  |  |
| tea |  |  |  | flute |  |  |  |
| chief |  |  |  | soup |  |  |  |
| thief |  |  |  | truth |  |  |  |
| wheel |  |  |  | play |  |  |  |
| steel |  |  |  | stay |  |  |  |
| head |  |  |  | snow |  |  |  |

**Activity 7**

The list has been split into 7 tables over the next few pages.   
Use this checklist to check your reading skills at least three times.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Word** | **Practice 1** | **Practice 2** | **Practice 3** | **Word** | **Practice 1** | **Practice 2** | **Practice 3** |
| pie |  |  |  | walk |  |  |  |
| lie |  |  |  | person |  |  |  |
| light |  |  |  | bird |  |  |  |
| fight |  |  |  | burn |  |  |  |
| tight |  |  |  | return |  |  |  |
| toe |  |  |  | hair |  |  |  |
| bone |  |  |  | square |  |  |  |
| alone |  |  |  | bear |  |  |  |
| sauce |  |  |  | pencil |  |  |  |
| talk |  |  |  | tune |  |  |  |